



WASHINGTON RAW

RECORD

CERTIFICATE

THIS CERTIFIES THAT

MARIO ESPINDOLA

SUCCESSFULLY SET THE
120+ KG MASTER 2 BENCH PRESS SINGLE LIFT
RECORD OF
190 KG

KILO MASSACRE
10/28/2023



Robert Keller

ROBERT KELLER
PRESIDENT, POWERLIFTING AMERICA

Bill Helmich

BILL HELMICH
VP, POWERLIFTING AMERICA