



KANSAS RAW

RECORD

CERTIFICATE

THIS CERTIFIES THAT
TERRIN HOWARD

SUCCESSFULLY SET THE
-105 KG JUNIOR BENCH PRESS SINGLE LIFT
RECORD OF
150 KG

2023 OTTAWA IRON WARS
10/07/2023



Robert Keller

ROBERT KELLER
PRESIDENT, POWERLIFTING AMERICA

Bill Helmich

BILL HELMICH
VP, POWERLIFTING AMERICA