



KANSAS EQUIPPED

# RECORD

CERTIFICATE

THIS CERTIFIES THAT  
**JAMES SANDS**  
SUCCESSFULLY SET THE  
120+ KG JUNIOR SQUAT  
RECORD OF  
**285 KG**

2023 OTTAWA IRON WARS  
10/07/2023



*Robert Keller*

**ROBERT KELLER**  
PRESIDENT, POWERLIFTING AMERICA

*Bill Helmich*

**BILL HELMICH**  
VP, POWERLIFTING AMERICA