



GEORGIA RAW

RECORD

CERTIFICATE

THIS CERTIFIES THAT
JAMES TOWNSEND
SUCCESSFULLY SET THE
-105 KG MASTER 1 BENCH PRESS SINGLE LIFT
RECORD OF
177.5 KG

MISSISSIPPI OPEN
09/30/2023



Robert Keller

ROBERT KELLER
PRESIDENT, POWERLIFTING AMERICA

Bill Helmich

BILL HELMICH
VP, POWERLIFTING AMERICA