



IOWA RAW

RECORD

CERTIFICATE

THIS CERTIFIES THAT
SHANE HEYWOOD

SUCCESSFULLY SET THE
-93 KG MASTER 1 BENCH PRESS SINGLE LIFT
RECORD OF
155 KG

2023 PATRIOT OPEN
08/19/2023



Robert Keller

ROBERT KELLER
PRESIDENT, POWERLIFTING AMERICA

Bill Helmich

BILL HELMICH
VP, POWERLIFTING AMERICA