



LOUISIANA EQUIPPED RECORD CERTIFICATE

THIS CERTIFIES THAT
LILA COOPER
SUCCESSFULLY SET THE
-57 KG OPEN SQUAT
RECORD OF
147.5 KG

20TH ANNUAL NAPF NORTH AMERICAN REGIONAL POWERLIFTING CHAMPIONS
08/07/2023



Robert Keller

ROBERT KELLER
PRESIDENT, POWERLIFTING AMERICA

Bill Helmich

BILL HELMICH
VP, POWERLIFTING AMERICA