



NORTH CAROLINA EQUIPPED RECORD CERTIFICATE

THIS CERTIFIES THAT
LINDSAY SEAMANS
SUCCESSFULLY SET THE
-52 KG OPEN SQUAT
RECORD OF
135 KG

2023 EQUIPPED NATIONALS
06/04/2023



Robert Keller

ROBERT KELLER
PRESIDENT, POWERLIFTING AMERICA

Bill Helmich

BILL HELMICH
VP, POWERLIFTING AMERICA