



PENNSYLVANIA RAW RECORD CERTIFICATE

THIS CERTIFIES THAT
RUSSELL MCDONNELL
SUCCESSFULLY SET THE
-105 KG MASTER 2 BENCH PRESS SINGLE LIFT
RECORD OF
137.5 KG

2023 CLASSIC SUB-JUNIOR, JUNIOR, AND MASTER NATIONALS
06/02/2023



Robert Keller

ROBERT KELLER
PRESIDENT, POWERLIFTING AMERICA

Bill Helmich

BILL HELMICH
VP, POWERLIFTING AMERICA