



MARYLAND RAW

# RECORD

## CERTIFICATE

THIS CERTIFIES THAT  
**MELISSA COPELAND**

SUCCESSFULLY SET THE  
84+ KG MASTER 1 BENCH PRESS SINGLE LIFT  
RECORD OF  
**136.5 KG**

2023 CLASSIC SUB-JUNIOR, JUNIOR, AND MASTER NATIONALS  
06/02/2023



*Robert Keller*

**ROBERT KELLER**  
PRESIDENT, POWERLIFTING AMERICA

*Bill Helmich*

**BILL HELMICH**  
VP, POWERLIFTING AMERICA