



FLORIDA RAW

RECORD

CERTIFICATE

THIS CERTIFIES THAT
NICOLAS GAINES

SUCCESSFULLY SET THE
-74 KG SUB JUNIOR SQUAT
RECORD OF
220 KG

2023 CLASSIC SUB-JUNIOR, JUNIOR, AND MASTER NATIONALS
06/02/2023



A stylized signature of Robert Keller in dark blue ink.

ROBERT KELLER
PRESIDENT, POWERLIFTING AMERICA



A stylized signature of Bill Helmich in dark blue ink.

BILL HELMICH
VP, POWERLIFTING AMERICA

