



NATIONAL RAW RECORD

RECORD

CERTIFICATE

THIS CERTIFIES THAT

CATHY AVERY

SUCCESSFULLY SET THE
-63 KG MASTER 2 SQUAT
RECORD OF

135 KG

2023 CLASSIC SUB-JUNIOR, JUNIOR, AND MASTER NATIONALS
06/02/2023



Robert Keller

ROBERT KELLER
PRESIDENT, POWERLIFTING AMERICA

Bill Helmich

BILL HELMICH
VP, POWERLIFTING AMERICA