



PENNSYLVANIA RAW
RECORD
CERTIFICATE

THIS CERTIFIES THAT
EMILY NIES
SUCCESSFULLY SET THE
-57 KG SUB JUNIOR DEADLIFT
RECORD OF
117.5 KG

2023 HIGH SCHOOL NATIONALS
03/31/2023



Robert Keller

ROBERT KELLER
PRESIDENT, POWERLIFTING AMERICA

Bill Helmich

BILL HELMICH
VP, POWERLIFTING AMERICA