



**VIRGINIA EQUIPPED**

# **RECORD**

**CERTIFICATE**

**THIS CERTIFIES THAT**

**ADAM MAMOLA**

**SUCCESSFULLY SET THE  
-83 KG MASTER 1 BENCH PRESS SINGLE LIFT  
RECORD OF**

**272.5 KG**

**2023 BENCH PRESS NATIONAL CHAMPIONSHIPS  
01/14/2023**



*Robert Keller*

**ROBERT KELLER**  
PRESIDENT, POWERLIFTING AMERICA

*Bill Helmich*

**BILL HELMICH**  
VP, POWERLIFTING AMERICA