



NORTH CAROLINA RAW RECORD CERTIFICATE

THIS CERTIFIES THAT
JARRED JAMES
SUCCESSFULLY SET THE
-120 KG OPEN BENCH PRESS SINGLE LIFT
RECORD OF
182.5 KG

2022 MARYLAND HOLIDAY CLASSIC
12/10/2022



Robert Keller

ROBERT KELLER
PRESIDENT, POWERLIFTING AMERICA

Bill Helmich

BILL HELMICH
VP, POWERLIFTING AMERICA