



NORTH CAROLINA RAW

RECORD

CERTIFICATE

THIS CERTIFIES THAT

JARRED JAMES

**SUCCESSFULLY SET THE
-120 KG OPEN BENCH PRESS
RECORD OF**

182.5 KG

**2022 MARYLAND HOLIDAY CLASSIC
12/10/2022**



Robert Keller

ROBERT KELLER
PRESIDENT, POWERLIFTING AMERICA

Bill Helmich

BILL HELMICH
VP, POWERLIFTING AMERICA