



NORTH CAROLINA RAW

RECORD

CERTIFICATE

THIS CERTIFIES THAT

HEATHER CONNOR

**SUCCESSFULLY SET THE
-47 KG OPEN BENCH PRESS SINGLE LIFT
RECORD OF**

75 KG

**2022 FFFORCE GIRL POWER
10/15/2022**



Robert Keller

ROBERT KELLER
PRESIDENT, POWERLIFTING AMERICA

Bill Helmich

BILL HELMICH
VP, POWERLIFTING AMERICA