



NATIONAL EQUIPPED RECORD

RECORD

CERTIFICATE

THIS CERTIFIES THAT
BILL HELMICH
SUCCESSFULLY SET THE
-83 KG MASTER 5 BENCH PRESS SINGLE LIFT
RECORD OF
60 KG

2022 EQUIPPED NATIONALS
06/19/2022



Robert Keller

ROBERT KELLER
PRESIDENT, POWERLIFTING AMERICA

Bill Helmich

BILL HELMICH
VP, POWERLIFTING AMERICA