



NATIONAL EQUIPPED RECORD  
**RECORD**  
CERTIFICATE

THIS CERTIFIES THAT  
**BILL HELMICH**  
SUCCESSFULLY SET THE  
-93 KG MASTER 5 BENCH PRESS  
RECORD OF  
**70 KG**

IPF 2022 WORLD MASTERS CHAMPIONSHIPS  
10/08/2022



*Robert Keller*

**ROBERT KELLER**  
PRESIDENT, POWERLIFTING AMERICA

*Bill Helmich*

**BILL HELMICH**  
VP, POWERLIFTING AMERICA