



NATIONAL RAW RECORD

RECORD

CERTIFICATE

THIS CERTIFIES THAT
SUZANNE LAFORGE
SUCCESSFULLY SET THE
-63 KG MASTER 3 SQUAT
RECORD OF
117.5 KG

IPF 2022 WORLD MASTERS CHAMPIONSHIPS
10/08/2022



Robert Keller

ROBERT KELLER
PRESIDENT, POWERLIFTING AMERICA

Bill Helmich

BILL HELMICH
VP, POWERLIFTING AMERICA