



NEVADA RAW

# RECORD

## CERTIFICATE

THIS CERTIFIES THAT  
**DAFYDD HERICO**  
SUCCESSFULLY SET THE  
-83 KG JUNIOR SQUAT  
RECORD OF  
**230 KG**

2022 WEST REGIONALS AT THE LEGION SPORT FEST  
10/07/2022



*Robert Keller*

**ROBERT KELLER**  
PRESIDENT, POWERLIFTING AMERICA

*Bill Helmich*

**BILL HELMICH**  
VP, POWERLIFTING AMERICA