



**NORTH DAKOTA EQUIPPED**  
**RECORD**  
**CERTIFICATE**

**THIS CERTIFIES THAT**  
**STATE STANDARD**  
**SUCCESSFULLY SET THE**  
**-63 KG JUNIOR BENCH PRESS SINGLE LIFT**  
**RECORD OF**  
**74.5 KG**

**ESJND**  
**01/01/2022**

*Robert Keller*

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**ROBERT KELLER**  
PRESIDENT, POWERLIFTING AMERICA

*Bill Helmich*

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**BILL HELMICH**  
VP, POWERLIFTING AMERICA

