



IOWA RAW

RECORD

CERTIFICATE

THIS CERTIFIES THAT
SHANE HEYWOOD

SUCCESSFULLY SET THE
-83 KG MASTER 1 BENCH PRESS SINGLE LIFT
RECORD OF
152.5 KG

2022 NATIONAL BENCH PRESS CHAMPIONSHIPS
02/26/2022



Robert Keller

ROBERT KELLER
PRESIDENT, POWERLIFTING AMERICA

Bill Helmich

BILL HELMICH
VP, POWERLIFTING AMERICA