



FLORIDA RAW

RECORD

CERTIFICATE

THIS CERTIFIES THAT

JOHN M ALDERMAN

SUCCESSFULLY SET THE
-93 KG MASTER 4 BENCH PRESS SINGLE LIFT
RECORD OF
110 KG

2022 NATIONAL BENCH PRESS CHAMPIONSHIPS
02/26/2022



Robert Keller

ROBERT KELLER
PRESIDENT, POWERLIFTING AMERICA

Bill Helmich

BILL HELMICH
VP, POWERLIFTING AMERICA