



VIRGINIA RAW

RECORD

CERTIFICATE

THIS CERTIFIES THAT
SHARI LANGRALL
SUCCESSFULLY SET THE
84+ KG MASTER 2 SQUAT
RECORD OF
122.5 KG

HEATWAVE CLASSIC
07/18/2026

Robert Keller

ROBERT KELLER
PRESIDENT, POWERLIFTING AMERICA

Bill Helmich

BILL HELMICH
VP, POWERLIFTING AMERICA

