



FLORIDA RAW

RECORD

CERTIFICATE

THIS CERTIFIES THAT
DARREN NEMOW
SUCCESSFULLY SET THE
-105 KG MASTER 1 SQUAT
RECORD OF
242.5 KG

35TH ANNUAL FLORIDA STATE CHAMPIONSHIPS
07/11/2026



Robert Keller

ROBERT KELLER
PRESIDENT, POWERLIFTING AMERICA

Bill Helmich

BILL HELMICH
VP, POWERLIFTING AMERICA