



NATIONAL EQUIPPED RECORD

RECORD

CERTIFICATE

THIS CERTIFIES THAT

DANIEL SIDES

**SUCCESSFULLY SET THE
-74 KG MASTER 4 BENCH PRESS SINGLE LIFT
RECORD OF**

152.5 KG

**WORLD CLASSIC & EQUIPPED BENCH PRESS CHAMPIONSHIP
05/23/2026**

Robert Keller

ROBERT KELLER

PRESIDENT, POWERLIFTING AMERICA

Bill Helmich

BILL HELMICH

VP, POWERLIFTING AMERICA

