



TEXAS RAW

# RECORD

## CERTIFICATE

THIS CERTIFIES THAT  
**LONG CHAU**

SUCCESSFULLY SET THE  
-53 KG SUB JUNIOR TOTAL  
RECORD OF  
**415 KG**

AGE DIVISION NATIONALS  
05/19/2026

*Robert Keller*

**ROBERT KELLER**  
PRESIDENT, POWERLIFTING AMERICA

*Bill Helmich*

**BILL HELMICH**  
VP, POWERLIFTING AMERICA

