



FLORIDA RAW

RECORD

CERTIFICATE

THIS CERTIFIES THAT
NICOLAS GAINES

SUCCESSFULLY SET THE
-74 KG JUNIOR DEADLIFT SINGLE LIFT
RECORD OF

305 KG

AGE DIVISION NATIONALS
05/19/2026

Robert Keller

ROBERT KELLER
PRESIDENT, POWERLIFTING AMERICA

Bill Helmich

BILL HELMICH
VP, POWERLIFTING AMERICA

