



HAWAII RAW

RECORD

CERTIFICATE

THIS CERTIFIES THAT
AARON MIZUSHIMA
SUCCESSFULLY SET THE
-120 KG MASTER 1 BENCH PRESS
RECORD OF
182.5 KG

AGE DIVISION NATIONALS
05/19/2026

Robert Keller

ROBERT KELLER
PRESIDENT, POWERLIFTING AMERICA

Bill Helmich

BILL HELMICH
VP, POWERLIFTING AMERICA

