



HAWAII RAW

RECORD

CERTIFICATE

THIS CERTIFIES THAT

AARON MIZUSHIMA

**SUCCESSFULLY SET THE
-120 KG OPEN BENCH PRESS SINGLE LIFT
RECORD OF**

182.5 KG

**AGE DIVISION NATIONALS
05/19/2026**

Robert Keller

ROBERT KELLER
PRESIDENT, POWERLIFTING AMERICA

Bill Helmich

BILL HELMICH
VP, POWERLIFTING AMERICA

