



**HAWAII RAW**

# **RECORD**

## **CERTIFICATE**

**THIS CERTIFIES THAT**  
**AARON MIZUSHIMA**

**SUCCESSFULLY SET THE**  
**-120 KG MASTER 1 SQUAT**  
**RECORD OF**

**282.5 KG**

**AGE DIVISION NATIONALS**  
**05/19/2026**

*Robert Keller*

**ROBERT KELLER**  
PRESIDENT, POWERLIFTING AMERICA

*Bill Helmich*

**BILL HELMICH**  
VP, POWERLIFTING AMERICA

