



MISSISSIPPI RAW  
**RECORD**  
CERTIFICATE

THIS CERTIFIES THAT  
**JAMES BEARD**  
SUCCESSFULLY SET THE  
-74 KG OPEN BENCH PRESS  
RECORD OF  
**135 KG**

AGE DIVISION NATIONALS  
05/19/2026

*Robert Keller*

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**ROBERT KELLER**  
PRESIDENT, POWERLIFTING AMERICA

*Bill Helmich*

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**BILL HELMICH**  
VP, POWERLIFTING AMERICA

