



MISSISSIPPI RAW

RECORD

CERTIFICATE

THIS CERTIFIES THAT

JAMES BEARD

**SUCCESSFULLY SET THE
-74 KG JUNIOR SQUAT
RECORD OF**

190 KG

**AGE DIVISION NATIONALS
05/19/2026**

Robert Keller

ROBERT KELLER

PRESIDENT, POWERLIFTING AMERICA

Bill Helmich

BILL HELMICH

VP, POWERLIFTING AMERICA

