



**NORTH CAROLINA RAW**

**RECORD**

**CERTIFICATE**

**THIS CERTIFIES THAT**

**THOMAS CRIST**

**SUCCESSFULLY SET THE  
-120 KG MASTER 2 BENCH PRESS  
RECORD OF**

**175 KG**

**AGE DIVISION NATIONALS  
05/19/2026**

*Robert Keller*

**ROBERT KELLER**

PRESIDENT, POWERLIFTING AMERICA

*Bill Helmich*

**BILL HELMICH**

VP, POWERLIFTING AMERICA

