



PENNSYLVANIA RAW

RECORD

CERTIFICATE

THIS CERTIFIES THAT

TYLER FRIEDMAN

**SUCCESSFULLY SET THE
-59 KG SUB JUNIOR BENCH PRESS SINGLE LIFT
RECORD OF**

110 KG

**AGE DIVISION NATIONALS
05/19/2026**

Robert Keller

ROBERT KELLER
PRESIDENT, POWERLIFTING AMERICA

Bill Helmich

BILL HELMICH
VP, POWERLIFTING AMERICA

