



TEXAS RAW

RECORD

CERTIFICATE

THIS CERTIFIES THAT

LONG CHAU

SUCCESSFULLY SET THE
-53 KG SUB JUNIOR DEADLIFT SINGLE LIFT
RECORD OF

185 KG

AGE DIVISION NATIONALS
05/19/2026

Robert Keller

ROBERT KELLER
PRESIDENT, POWERLIFTING AMERICA

Bill Helmich

BILL HELMICH
VP, POWERLIFTING AMERICA

