



NATIONAL RAW RECORD

RECORD

CERTIFICATE

**THIS CERTIFIES THAT
TIMMY TRUONG**

**SUCCESSFULLY SET THE
-59 KG JUNIOR BENCH PRESS SINGLE LIFT
RECORD OF**

148 KG

**AGE DIVISION NATIONALS
05/19/2026**

Robert Keller

ROBERT KELLER
PRESIDENT, POWERLIFTING AMERICA

Bill Helmich

BILL HELMICH
VP, POWERLIFTING AMERICA

