



NATIONAL RAW RECORD

RECORD

CERTIFICATE

THIS CERTIFIES THAT

JOHN LAFLAMME

**SUCCESSFULLY SET THE
-74 KG MASTER 4 DEADLIFT
RECORD OF**

208.5 KG

**AGE DIVISION NATIONALS
05/19/2026**

Robert Keller

ROBERT KELLER
PRESIDENT, POWERLIFTING AMERICA

Bill Helmich

BILL HELMICH
VP, POWERLIFTING AMERICA

