



**IDAHO RAW**

# **RECORD**

**CERTIFICATE**

**THIS CERTIFIES THAT**

**CRAIG HICKMAN**

**SUCCESSFULLY SET THE  
-120 KG MASTER 1 BENCH PRESS SINGLE LIFT  
RECORD OF**

**140 KG**

**KILO CLASH  
05/02/2026**

*Robert Keller*

**ROBERT KELLER**  
PRESIDENT, POWERLIFTING AMERICA

*Bill Helmich*

**BILL HELMICH**  
VP, POWERLIFTING AMERICA

