



WISCONSIN EQUIPPED

RECORD

CERTIFICATE

THIS CERTIFIES THAT

SAM PRENDERGAST

**SUCCESSFULLY SET THE
-83 KG JUNIOR BENCH PRESS SINGLE LIFT
RECORD OF**

177.5 KG

**HIGH SCHOOL NATIONALS
04/16/2026**

Robert Keller

ROBERT KELLER
PRESIDENT, POWERLIFTING AMERICA

Bill Helmich

BILL HELMICH
VP, POWERLIFTING AMERICA

