



**WISCONSIN EQUIPPED**  
**RECORD**  
**CERTIFICATE**

**THIS CERTIFIES THAT**  
**SAM PRENDERGAST**  
**SUCCESSFULLY SET THE**  
**-83 KG SUB JUNIOR BENCH PRESS SINGLE LIFT**  
**RECORD OF**  
**177.5 KG**

**HIGH SCHOOL NATIONALS**  
**04/16/2026**

*Robert Keller*

**ROBERT KELLER**  
PRESIDENT, POWERLIFTING AMERICA

*Bill Helmich*

**BILL HELMICH**  
VP, POWERLIFTING AMERICA

