



SOUTH DAKOTA RAW

RECORD

CERTIFICATE

THIS CERTIFIES THAT

ALEXANDER HELTZEL

**SUCCESSFULLY SET THE
-120 KG SUB JUNIOR SQUAT
RECORD OF**

197.5 KG

**HIGH SCHOOL NATIONALS
04/16/2026**

Robert Keller

ROBERT KELLER

PRESIDENT, POWERLIFTING AMERICA

Bill Helmich

BILL HELMICH

VP, POWERLIFTING AMERICA

