



**SOUTH DAKOTA RAW**

**RECORD**

**CERTIFICATE**

**THIS CERTIFIES THAT**

**ALEXANDER HELTZEL**

**SUCCESSFULLY SET THE  
-120 KG JUNIOR DEADLIFT SINGLE LIFT  
RECORD OF**

**242.5 KG**

**HIGH SCHOOL NATIONALS  
04/16/2026**

*Robert Keller*

**ROBERT KELLER**

PRESIDENT, POWERLIFTING AMERICA

*Bill Helmich*

**BILL HELMICH**

VP, POWERLIFTING AMERICA

