



**MICHIGAN RAW**

# **RECORD**

**CERTIFICATE**

**THIS CERTIFIES THAT**

**CARA MCGROARTY**

**SUCCESSFULLY SET THE  
-63 KG JUNIOR BENCH PRESS SINGLE LIFT  
RECORD OF**

**80 KG**

**COLLEGIATE NATIONALS  
04/09/2026**

*Robert Keller*

**ROBERT KELLER**  
PRESIDENT, POWERLIFTING AMERICA

*Bill Helmich*

**BILL HELMICH**  
VP, POWERLIFTING AMERICA

