



**VIRGINIA RAW**

# **RECORD**

## **CERTIFICATE**

**THIS CERTIFIES THAT**

**SINA GARTNER**

**SUCCESSFULLY SET THE  
-69 KG OPEN BENCH PRESS SINGLE LIFT  
RECORD OF**

**100 KG**

**CLASSIC AND EQUIPPED OPEN NATIONALS  
03/05/2026**

*Robert Keller*

**ROBERT KELLER**  
PRESIDENT, POWERLIFTING AMERICA

*Bill Helmich*

**BILL HELMICH**  
VP, POWERLIFTING AMERICA

