



**NATIONAL RAW RECORD**

**RECORD**

**CERTIFICATE**

**THIS CERTIFIES THAT**

**ASHTON ROUSKA**

**SUCCESSFULLY SET THE  
-120 KG OPEN SQUAT**

**RECORD OF**

**400.5 KG**

**CLASSIC AND EQUIPPED OPEN NATIONALS**

**03/05/2026**

*Robert Keller*

**ROBERT KELLER**

PRESIDENT, POWERLIFTING AMERICA

*Bill Helmich*

**BILL HELMICH**

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