



NATIONAL RAW RECORD

RECORD

CERTIFICATE

THIS CERTIFIES THAT

AMARIS GARZA

**SUCCESSFULLY SET THE
-84 KG OPEN BENCH PRESS SINGLE LIFT
RECORD OF**

145.5 KG

**CLASSIC AND EQUIPPED OPEN NATIONALS
03/05/2026**

Robert Keller

ROBERT KELLER

PRESIDENT, POWERLIFTING AMERICA

Bill Helmich

BILL HELMICH

VP, POWERLIFTING AMERICA

