



NORTH CAROLINA RAW

RECORD

CERTIFICATE

**THIS CERTIFIES THAT
HEATHER CONNOR
SUCCESSFULLY SET THE
-47 KG OPEN BENCH PRESS SINGLE LIFT
RECORD OF
77.5 KG**

**SBD SHEFFIELD
01/31/2026**



Robert Keller

ROBERT KELLER
PRESIDENT, POWERLIFTING AMERICA

Bill Helmich

BILL HELMICH
VP, POWERLIFTING AMERICA