



MISSISSIPPI RAW

RECORD

CERTIFICATE

THIS CERTIFIES THAT

ALTA MIDDLETON

**SUCCESSFULLY SET THE
-84 KG MASTER 1 BENCH PRESS SINGLE LIFT
RECORD OF**

85 KG

**BENCH NATIONALS
01/09/2026**

Robert Keller

ROBERT KELLER
PRESIDENT, POWERLIFTING AMERICA

Bill Helmich

BILL HELMICH
VP, POWERLIFTING AMERICA

