



VIRGINIA EQUIPPED
RECORD
CERTIFICATE

THIS CERTIFIES THAT
ADAM MAMOLA
SUCCESSFULLY SET THE
-105 KG MASTER 1 BENCH PRESS SINGLE LIFT
RECORD OF
252.5 KG

BENCH NATIONALS
01/09/2026



Robert Keller

ROBERT KELLER
PRESIDENT, POWERLIFTING AMERICA

Bill Helmich

BILL HELMICH
VP, POWERLIFTING AMERICA